

Relationships Australia

Employee Assistance Program

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Information for Employees



Linkwest
Community Learning and Development

We're here for you



Linkwest offers an Employee Assistance Program with Relationships Australia, which means you can access free¹ and confidential counselling services.

How can EAP help you?

You may be facing difficult and challenging times in your personal life, or have concerns about work.

Our experienced counsellors can help with issues such as:

- Stress and fatigue
- Couple and family issues
- Separation and divorce
- Conflict and harassment
- Addictions
- Anxiety and depression
- Bereavement
- Financial difficulties
- Work and career problems
- Adjustment to organisational change

¹ The cost is covered by your employer for a limited number of sessions per year.

We understand the struggles individuals face in life.

Call 1300 364 277

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Confidential service

Trust is an essential part of this process. We offer a highly confidential counselling service. All personal information and issues raised will not be communicated to your employer, unless you give prior consent.

Who can use this FREE service?

Access to this service is available to employees of Linkwest member centres who have paid a fee to join the Employee Assistance Program. Eligible employees & their immediate family members can access six counselling sessions per year. Please check with your Centre Manager or Relationships Australia to confirm EAP status.

Seminars and workshops

Our seminars and workshops focus on issues such as:

- Balancing work and family life
- Responding to bullying and harassment in the workplace.
- Dealing with difficult people
- Stress and self care
- Managing fly-in fly-out relationships

Workplace mediation

We provide an unbiased and non-judgemental service where an independent professional guides individuals/groups through a problem-solving process to resolve conflicts and nurture working relationships.

The initial step to seeking support is the most significant

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Our staff

Relationships Australia's registered psychologists, social workers, counsellors, mediators and trainers have experience working with a range of clients including organisations, individuals, couples and families.

Prompt response

We will do everything possible to arrange an appointment in one of our branches within 3 working days. If face-to-face appointments are not practical, telephone or online counselling can be arranged.



work
fatigue finances fami
change
stress anxiety
addictions

family
divorce
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We are here
for you!





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Contact Us

Call 1300 364 277 and tell us you are an EAP client.

We are also available after hours.

Relationships Australia Western Australia

Email: eap@relationshipsaustralia.org.au

Website: www.relationshipsaustralia.org.au

Follow us on Twitter @RelationshipsWA

Head Office:

22 Southport St, West Leederville WA 6007

We offer services in:

Fremantle, Gosnells, Joondalup, Kwinana,
Mandurah, Midland, West Leederville, Albany,
Bunbury, Northam, South Hedland

Relationships Australia[®]

WESTERN AUSTRALIA